Family Camp 2018

April 21st

Black Diamond Camp

What is Camp Leo?

- Founded in 1989 to serve children with Type I diabetes
- Started with a day camp for 25 campers
- Now four overnight camps (elementary, middle, Jr. high, high school)
- Leadership weekend, AND family camp

Leadership Team

- Camp Director – Katie Sypher
- Assistant Director – Connor Howard
- Medical Lead – Kay Smith
- Camp Doctor – Julia Kelley
- Operations Coordinator– Lonzell Johnson
- Camp Leo Executive Director - David Glenn

What Are Our Goals?

- HAVE FUN!
- Operating a safe camp environment
  - Families are in charge of their child's diabetes treatment
- To help families discover ways to be a support to each other – creating healthy family units!
- Create a community support system for families of T1D

Expectations for All Staff:

We have a policy of close monitoring and progressive guidance with possible dismissal from camp in the following situations:

- **Zero tolerance: no…** Alcohol, tobacco products, marijuana products, e-cigs, illegal drugs
- Racism or discrimination
- Harassment (sexual or otherwise)
- Insufficient self care- especially diabetes
- Swearing or verbal abuse
- Inappropriate dress
- Leaving site without consent from the Leadership Team
- Leaving campers unattended or without supervision

If you see something wrong, or you think a camper or another staff member might be in danger, please report it!

Positive and Healthy Staff and Camper Interactions

- Privacy policy (personal information)
- Physical contact with campers
  - Supervision of interactions: NEVER ALONE rule
- Post-camp interactions: social media and internet policy
  - Not sharing personal contact info
  - Camp Leo Family Page – closed group

Detecting and Preventing Child Abuse

- ANY concerns must be brought to the immediate attention of cabin counseling and medical staff
- Med staff will report any concerns to Camp Director and Camp Physician/ARNP
- Licensed personnel are required by law to report within 24 hours abuse or suspected abuse to the Washington State Department of Social and Health Services (DSHS)
- Camp policy strictly forbids corporal punishment. Sexual contact of any kind with a camper is strictly forbidden and such behavior would be cause for immediate dismissal and…
- Camp Leo will notify the appropriate authorities immediately should they become aware of any such abuse

Schedule:

See “General Schedule”
Document on Camp Leo Website

Schedule: Children

- 3 Sessions
  - Arts and Crafts / Building positive self esteem
  - Healthy Eating / Zumba
  - Field Games

Schedule: Parents

- 3 sessions
  - Maximizing your Therapy
  - School Planning and 504's / Safety During Activities
  - How to address your child's tough questions

Family Activities

- Scavenger Hunt

- Camp Fire

Roles:

Counselor - Counselors are the primary caregivers for each camper when they are away from their guardian.

Med Staff - Responsible for medical oversight while child is away from their guardian.

- Advising when a parent will need to be contacted
- Providing appropriate treatment for lows

Child Camper Handoff

- Guardian will transition child to counselor or medical staff
- Any medical concerns and last BG taken will be recorded on Tracker
- Guardian will sign child in and out on tracker at every handoff

Medical Procedures:

SATURDAY SIGN IN/SIGN OUT SHEET, 1:30 PM
Lead Counselor:
Counselors:
Junior counselors:

Child's Name/medical condition(s)	Last BG	Saturday 1:30 PM Sign In	Saturday Sign Out	Concurrent Adult Sessions	Notes

Name _____ **Date** _____

Activity _____

Last Blood Sugar _____ Time _____

Treatment if any _____

During Activity

Symptoms _____

Time _____ BG _____Treatment _____

Symptoms _____

Time _____ BG _____Treatment _____

Symptoms _____

Time _____ BG _____Treatment _____

Med Staff _____

Name _____ **Date** _____

Activity _____

Last Blood Sugar _____ Time _____

Treatment if any _____

During Activity

Symptoms _____

Time _____ BG _____Treatment _____

Symptoms _____

Time _____ BG _____Treatment _____

Symptoms _____

Time _____ BG _____Treatment _____

Med Staff _____

Name _____ **Date** _____

Activity _____

Last Blood Sugar _____ Time _____

Treatment if any _____

During Activity

Symptoms _____

Time _____ BG _____Treatment _____

Symptoms _____

Time _____ BG _____Treatment _____

Symptoms _____

Time _____ BG _____Treatment _____

Med Staff _____

Name _____ **Date** _____

Activity _____

Last Blood Sugar _____ Time _____

Treatment if any _____

During Activity

Symptoms _____

Time _____ BG _____Treatment _____

Symptoms _____

Time _____ BG _____Treatment _____

Symptoms _____

Time _____ BG _____Treatment _____

Med Staff _____

Hypoglycemia Symptoms

Severe

- Nonresponsive
- Unconsciousness
- Seizure
- coma

Mild-Moderate

- Change in personality
- Shakiness
- Sweating
- Hunger
- Nausea
- Weakness
- Headache/visual changes

Hypoglycemia Treatment

- If possible, confirm hypoglycemia by checking a blood glucose level.
- Give 15 grams of fast-acting carb
- 30 minutes until the next meal, 15 grams of carbohydrate and 7 grams of protein (protein bar).
- Child is to rest
- Re check BG in 10-15 minutes if previous reading was below 50. Following treatment child may return to activity.
- Record on Medical card

Responsible Person

ANY camp staff member is expected to treat mild episodes of hypoglycemia with oral glucose. Severe hypoglycemia episodes requiring glucagon administration are only to be administered by trained designated medical staff.

Note: Meter readings below 80 mg/dL may not correlate with degree of hypoglycemia due to meter variation. Treat all campers with symptoms of hypoglycemia.

Reminders:

- Arrival Time – 7:30 AM

- Location –

  Black Diamond Camps
  19830 SE 328th Pl
  Auburn, WA 98092

- Departure Time – 8:30 PM

Thank You